

1st STOP CHECKLIST: HEALTH FOOD STORE

REQUIREMENTS & REGULATIONS

- [] Unless you are a licensed dietitian, or properly exempted by the **Ohio Board of Dietetics**, you may not: *“perform nutritional assessments; recommend nutritional intake; engage in nutritional counseling; recommend or modify a medical nutrition therapy regimen; perform nutritional education; hold self out as a nutritional expert; provide professional nutrition training of other staff; [or] act in any matter related to direct nutrition care which requires judgment or decision making”* (www.dietetics.ohio.gov). ***Remember to check local government agencies***
- [] Use of the titles “Nutritionist,” “Nutrition Counselor,” or similar terms indicate you are practicing dietetics. If you use these titles, you must be a licensed dietitian.
- [] Dietitians should be careful to complete different programs each time they submit an approved program to the Board. The same program may not be submitted twice.
- [] If you have questions about the above restrictions, contact the **Ohio Board of Dietetics** at (614) 466-3291. Information is also available on-line at <http://www.dietetics.ohio.gov/>. ***Remember to check local government agencies***
- [] Contact **your local health department** for licensing and inspection information. ***Remember to check local government agencies***
- [] The US Food and Drug Administration (FDA) has a complete manual available online to guide you with proper labeling: <http://www.fda.gov/downloads/Food/GuidanceRegulation/UCM265446.pdf>.
- [] Weighing and measuring devices must be inspected. Contact the **Ohio Department of Agriculture’s Division of Weights and Measures** at (614) 728-6290 or **YOUR COUNTY AUDITOR**. ***Remember to check local government agencies***
- [] Ohio’s food labeling and retail food safety rules can be found in **Ohio Administrative Code (OAC) 901:3 and 901:6-3-01 through 901:6-3-12** <http://codes.ohio.gov> .
- [] Ohio’s Food, Drug, Cosmetic and Device law can be found in **Ohio Revised Code Section 3715** <http://codes.ohio.gov>.
- [] Detailed requirements for specific food and beverage production can also be found in **OAC 901** <http://codes.ohio.gov> .
- [] If you will make any retail sales, you must have a **VENDOR’S LICENSE** from **YOUR COUNTY AUDITOR’S OFFICE** or the **OHIO DEPARTMENT OF TAXATION** can be reached at (888) 405-4039 for **Business Tax Assistance**; 888-405-4089 for **Tax Registration**; or (800) 282-1782 for the **Forms Request Line**. Information is also on-line at <http://tax.ohio.gov>.

For more help, contact your local Small Business Development Center (SBDC).

www.ohiosbdc.ohio.gov

REMEMBER TO CHECK LOCAL GOVERNMENT AGENCIES

This checklist is about state requirements.