1st STOP CHECKLIST: HEALTH FOOD STORE

REQUIREMENTS & REGULATIONS

[] Unless you are a licensed dietitian, or properly exempted by the Ohio Board of Dietetics, you may not: “perform nutritional assessments; recommend nutritional intake; engage in nutritional counseling; recommend or modify a medical nutrition therapy regimen; perform nutritional education; hold self out as a nutritional expert; provide professional nutrition training of other staff; [or] act in any matter related to direct nutrition care which requires judgment or decision making” (www.dietetics.ohio.gov). *Remember to check local government agencies*

[] Use of the titles “Nutritionist,” “Nutrition Counselor,” or similar terms indicate you are practicing dietetics. If you use these titles, you must be a licensed dietitian.

[] Dietitians should be careful to complete different programs each time they submit an approved program to the Board. The same program may not be submitted twice.

[] If you have questions about the above restrictions, contact the Ohio Board of Dietetics at (614) 466-3291. Information is also available on-line at http://www.dietetics.ohio.gov/. *Remember to check local government agencies*

[] Contact your local health department for licensing and inspection information. *Remember to check local government agencies*

[] The US Food and Drug Administration (FDA) has a complete manual available online to guide you with proper labeling: http://www.fda.gov/downloads/Food/GuidanceRegulation/UCM265446.pdf.

[] Weighing and measuring devices must be inspected. Contact the Ohio Department of Agriculture’s Division of Weights and Measures at (614) 728-6290 or YOUR COUNTY AUDITOR. *Remember to check local government agencies*

[] Ohio’s food labeling and retail food safety rules can be found in Ohio Administrative Code (OAC) 901:3 and 901:6-3-01 through 901:6-3-12 http://codes.ohio.gov.

[] Ohio’s Food, Drug, Cosmetic and Device law can be found in Ohio Revised Code Section 3715 http://codes.ohio.gov.

[] Detailed requirements for specific food and beverage production can also be found in OAC 901 http://codes.ohio.gov.

[] If you will make any retail sales, you must have a VENDOR’S LICENSE from YOUR COUNTY AUDITOR’S OFFICE or the OHIO DEPARTMENT OF TAXATION can be reached at (888) 405-4039 for Business Tax Assistance; 888-405-4089 for Tax Registration; or (800) 282-1782 for the Forms Request Line. Information is also on-line at http://tax.ohio.gov.  

For more help, contact your local Small Business Development Center (SBDC).  
www.ohiosbdc.ohio.gov

*REMEMBER TO CHECK LOCAL GOVERNMENT AGENCIES*

This checklist is about state requirements.

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