

# 1<sup>st</sup> STOP CHECKLIST: Music Therapy

## REQUIREMENTS & REGULATIONS

Music therapy is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program. (American Music Therapy Association 2011.)

Music therapists are employed in many different settings including general and psychiatric hospitals, community mental health agencies, rehabilitation centers, day care facilities, nursing homes, schools and private practice. Music therapists provide services for adults & children with psychiatric disorders, cognitive and developmental disabilities, speech and hearing impairments, physical disabilities, and neurological impairments, among others. Music therapists are usually members of an interdisciplinary team who support the goals and objectives for each client within the context of the music therapy setting.

- [] A professional music therapist holds a bachelor's degree or higher in music therapy from one of over 70 **American Music Therapy Association (AMTA)** approved college and university programs. In addition to the academic coursework, the bachelor's degree requires 1200 hours of clinical training, including a supervised internship. Contact the AMTA at **(301) 589-3300**, or online at: <http://www.musictherapy.org>.
- [] Upon completion of the bachelor's degree, music therapists are eligible to sit for the national board certification exam offered by the Certification Board for Music Therapists. Music Therapists who successfully complete the independently administered examination hold the credential Music Therapist - Board Certified (MT-BC), which is necessary for professional practice.
- [] To become board-certified in the United States, contact the **Certified Board for Music Therapists (CBMT)** at **(800) 765-2268**, or **(610) 269-8900**, or visit on line at: <http://www.cbmt.org/>.
- [] If you will feature recorded or live **music**, you must have permission from the owner of the copyrighted material. You can do this by contacting **The American Society of Composers, Authors and Publishers (ASCAP)**, or **Broadcast Music, Incorporated (BMI)**. For more information, contact **ASCAP** at **(800) 505-4052**, or **BMI** at **(212) 220-3000**. Information is also on-line at [www.ascap.com](http://www.ascap.com), or [www.bmi.com](http://www.bmi.com).
- [] Ohio's therapists laws can be found in **Ohio Revised Code (ORC) Section 1785.03**.
- [] The **Ohio Revised Code** and the **Ohio Administrative Code** can be found in your local library or on-line at <http://codes.ohio.gov>.

**For more help, contact your local Small Business Development Center (SBDC).**

[www.ohiosbdc.ohio.gov](http://www.ohiosbdc.ohio.gov)

**\*REMEMBER TO CHECK LOCAL GOVERNMENT AGENCIES\***

**THIS CHECKLIST IS ABOUT STATE REQUIREMENTS.**