

# 1<sup>st</sup> STOP CHECKLIST: NATUROPATHIC MEDICINE

## REQUIREMENTS & REGULATIONS

**Naturopathic medicine is not licensed by the State Medical Board.** However, if they receive complaints about a naturopath, they will investigate. Naturopathy (also known as naturopathic medicine or natural medicine) is an eclectic alternative medical system that focuses on natural remedies.

- [] Naturopaths cannot diagnose an illness or prescribe medicine. They may **RECOMMEND** a natural remedy though. If you have questions, please contact the **State of Ohio Medical Board at (614) 466-3934**. Information is also available on-line at <http://med.ohio.gov>.
- [] Questions about federal cosmetic laws should be directed to the **U.S. Food and Drug Administration at (888) 463-6332**. Detailed information about federal labeling requirements is on-line at [www.fda.gov](http://www.fda.gov).
- [] Use of the titles “**Nutritionist**,” “**Nutrition Counselor**,” or similar terms indicate you are practicing dietetics. If you use these titles, you must be a **licensed dietitian**.
- [] Unless you are a licensed dietitian, or properly exempted by the **Ohio Board of Dietetics**, you may not: “perform nutritional assessments; recommend nutritional intake; engage in nutritional counseling; recommend or modify a medical nutrition therapy regimen; perform nutritional education; hold self out as a nutritional expert; provide professional nutrition training of other staff; [or] act in any matter related to direct nutrition care which requires judgment or decision making” (**Ohio Board of Dietetics**). The **Ohio Board of Dietetics** can be reached at **(614) 466-3291**. Information is also available on-line at <http://dietetics.ohio.gov>.
- [] If you will offer physical therapy contact the **State of Ohio Occupational Therapy, Physical Therapy and Athletic Trainers Board at (614) 466-3774, or (877) 644-6826**. Information is also on-line at <http://otptat.ohio.gov>.
- [] If you will offer **massage, cosmetic therapy, or acupuncture or electrolysis services**, contact the **State of Ohio Medical Board at (614) 466-3934**. Information is also on-line at <http://med.ohio.gov>.
- [] If you will offer **tanning or esthetic salon services**, you must be licensed by the **Ohio State Board of Cosmetology**. Contact the **Ohio State Board of Cosmetology at (614) 466-3834**. Information and forms are also on-line at [www.cos.ohio.gov](http://www.cos.ohio.gov).

- [] If you will sell upholstered or stuffed items, contact the **Ohio Department of Commerce's Division of Industrial Compliance, Bedding and Upholstered Furniture** Section for licensing information. They can be reached at (614) 644-2223. The **Ohio Department of Commerce** is on-line at [www.com.state.oh.us/dico](http://www.com.state.oh.us/dico). *\*Remember to check local government agencies.\**
- [] If you will sell **food, herbs or beverages**, contact **your local health department** for licensing and inspection information.
- [] Weighing and measuring devices must be inspected. Contact the **Ohio Department of Agriculture's Division of Weights and Measures** at (614) 728-6290 [www.agri.ohio.gov](http://www.agri.ohio.gov) or **YOUR COUNTY AUDITOR**.
- [] Contact the **Ohio Environmental Protection Agency (EPA)** for information about the proper disposal of hazardous and solid waste. The EPA can be reached at (614) 644-3020 for **General Inquiries** or (800) 329-7518 for **Office of Compliance Assistance and Pollution Prevention**. The Ohio EPA is also on-line at [www.epa.state.oh.us](http://www.epa.state.oh.us). *\*Remember to check local government agencies.\**
- [] If retail sales are made, you must have a **VENDOR'S LICENSE** from **YOUR COUNTY AUDITOR'S OFFICE**. Information is also on-line at <http://business.ohio.gov>.
- [] If you have questions about what or when food and beverage sales are taxable, contact the **Ohio Department of Taxation** at (888) 405-4039 for **Business Tax Assistance**; (888) 405-4089 for **Tax Registration**; or (800) 282-1782 for the **Forms Request Line**. Information is also on-line at <http://www.tax.ohio.gov>. *\*Remember to check local government agencies.\**
- [] Ohio's Food, Drug, Cosmetic and Device law can be found in **Ohio Revised Code (ORC) Section 3715**. The **ORC** can be found in your local library or on-line at <http://codes.ohio.gov/orc>.

**For more help, contact your local Small Business Development Center (SBDC).**

[www.ohiosbdc.ohio.gov](http://www.ohiosbdc.ohio.gov)

**\*REMEMBER TO CHECK LOCAL GOVERNMENT AGENCIES\***

**THIS CHECKLIST IS ABOUT STATE REQUIREMENTS.**